

United States Department of Agriculture

# Using Administrative Data to Examine Cross-program Participation in SNAP and WIC

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## Disclaimer

The findings and conclusions in this presentation are those of the author(s) and should not be construed to represent any official USDA or U.S. Government determination or policy.



# WIC Background

- WIC provides nutritious foods, nutrition counseling, and health referrals
- Target group: Low-income (<185% FPL) pregnant and postpartum women, infants, and children up to age 5
- Growing body of evidence that WIC is associated with improved dietary intake among children
- Growing concerns about declines in WIC participation



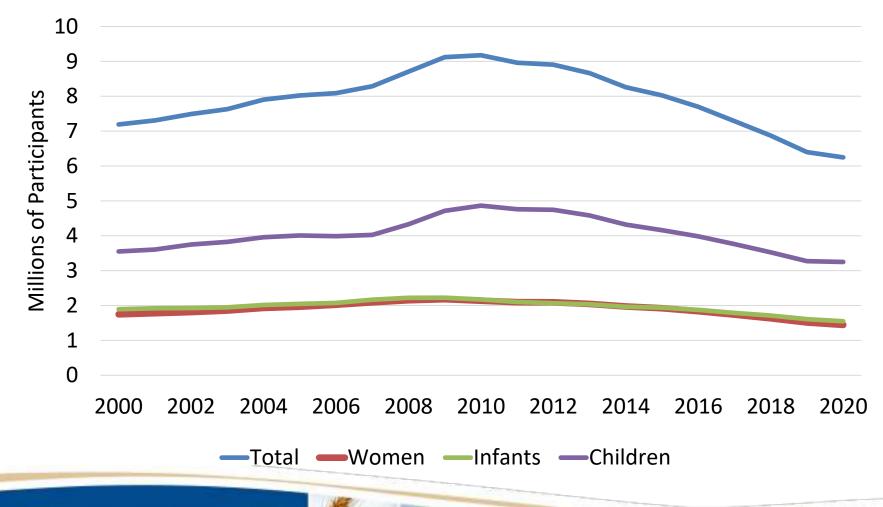
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# **SNAP Background**

- SNAP provides households with means to purchase healthy and nutritious foods via an EBT card
- Target group: SNAP is available to all households that meet the program's income and asset criteria, subject to certain work and immigration status requirements
- Like WIC, not all eligible individuals participate (coverage rate is about 82%)
- SNAP participants are adjunctively eligible for WIC



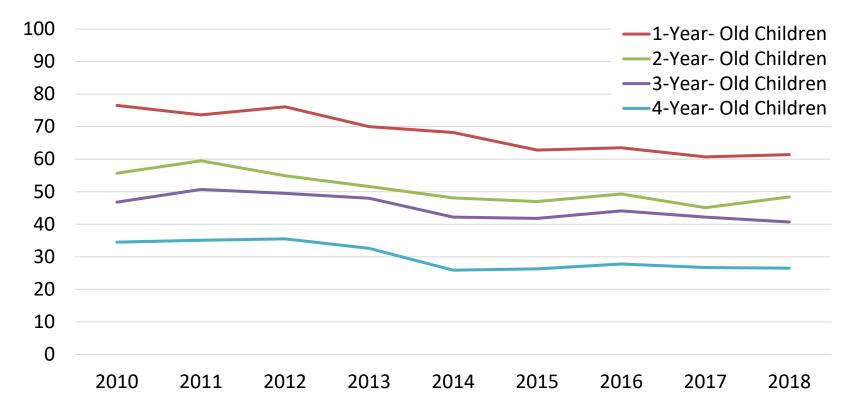
### WIC Participation Has Been Declining for a Decade





#### Not a Fertility Story...

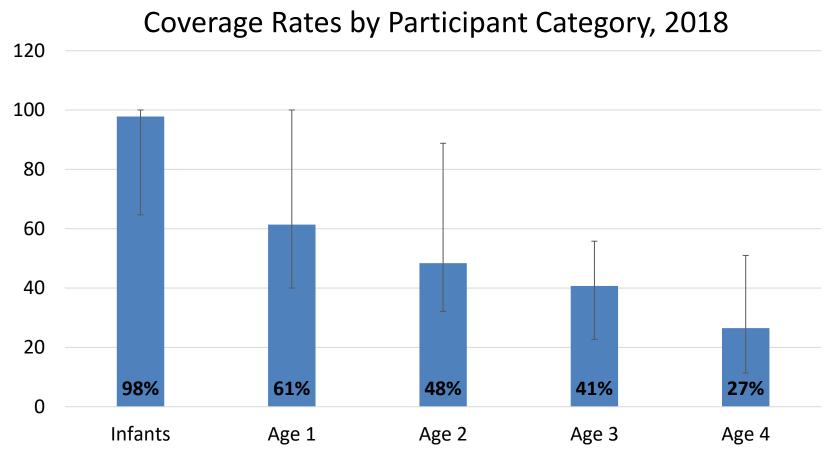
WIC Coverage Rates by Participant Category: CY 2005–CY 2018



• Source. Gray, K.F., K.M. Mathieu, P. Johnson, and L. Giannarelli. 2021. "National- and State-Level Estimates of WIC Eligibility and WIC Program Reach in 2018 With Updated Estimates for 2016 and 2017 Volume I." USDA, FNS and Insight Policy Research. https://fns-prod.azureedge.net/sites/default/files/resource-files/WICEligibles2018-VolumeI.pdf



#### WIC Participation Declines as Children Age



• Source. Gray, K.F., K.M. Mathieu, P. Johnson, and L. Giannarelli. 2021. "National- and State-Level Estimates of WIC Eligibility and WIC Program Reach in 2018 With Updated Estimates for 2016 and 2017 Volume I." USDA, FNS and Insight Policy Research. https://fns-prod.azureedge.net/sites/default/files/resource-files/WICEligibles2018-VolumeI.pdf



### Reasons for Non-Participation in WIC

- [Tiehen & Jacknowitz, 2008] Pregnant women who participate in WIC are more likely
  - to be non-Hispanic black or Hispanic
  - to have less than a high school education
  - to be younger
  - to have never been married
  - to participate in other assistance programs
  - and to have income below the poverty line
- [Jacknowitz & Tiehen, 2010] Women who exited from WIC
  - Breastfed for shorter durations (<6 mos.)</li>
  - Reported that it was too much effort and/or benefits were not worth the time (25%)
  - Reported lack of transportation and/or scheduling issues (9%)



### Reasons for Non-Participation in WIC

- Recent work from LA County (Whaley et al. 2017) and FNS's <u>ITFPS-2 reports</u> supports findings from prior work
- Continued participation associated with
  - Prenatal participation in WIC
  - Breastfeeding duration
  - More than one family member on WIC (parity)
  - Medicaid enrollment
  - Access to WIC education online
- Exists associated with
  - Beliefs about ineligibility
  - Feelings that WIC is inconvenient
  - Perceptions of no longer needing WIC



## **Current Study**

- What percentage of infants and children in SNAP participant households also participate in WIC, and how do these percentages vary across children's age groups? [Descriptive Analyses]
- How do the characteristics of infants and children who participated in both SNAP and WIC differ from those who participated in only one program? [Regression Analyses]
- What was the effect of the decline of the real value of SNAP benefits that were temporarily boosted by the 2009 ARRA on WIC participation?
  [Difference-in-Differences]

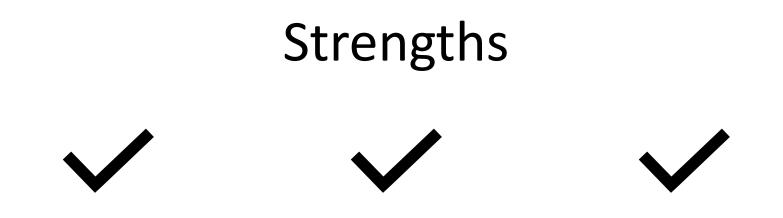


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### Data

- Next-Generation Data Platform
- SNAP and WIC participation data from 3 states
  - Covers approximately 5% of WIC and SNAP participants in 2020
  - Cross-section analysis includes all 3 states
  - Longitudinal analysis focuses on 1 state over 10year period

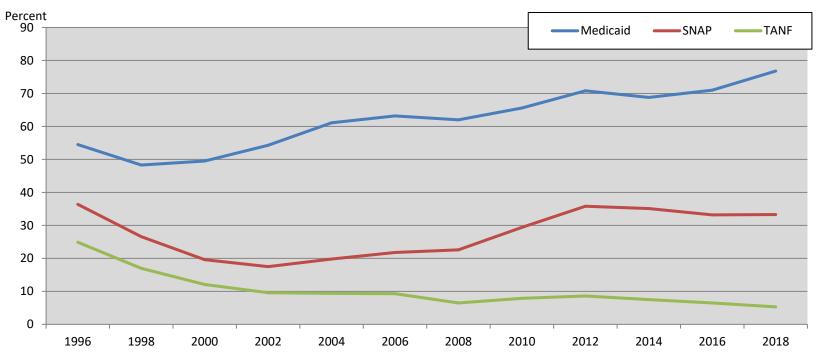




Overcomes issues of underreporting of program participation Capture variation in participation rates at substate level Easily identify eligible nonparticipants



#### Percent of WIC participants reporting participation in Medicaid, SNAP, or TANF at certification, 1994 - 2018



Note: SNAP refers to the Supplemental Nutrition Assistance Program. SNAP values may underestimate SNAP participation at certification because once an individual being certified reports participating in Medicaid--which confers adjunctive eligibility to WIC--WIC clinics may not always follow up and ask about participating in SNAP. Source: Bartlett et al., (2002), Bartlett et al., (2007), Johnson et al., (2013), Kline et al. (2020).



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### Challenges







Limited information

Detail and quality of measures varies

May not have all household members

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## Summary & Conclusions

- WIC is an integral component of the USDA programs that promote nutrition security
- Rates of participation among eligible populations have been declining over the past decade.
- Our research will provide valuable information on the WIC participation rates of SNAP participants

